



# Team Development Workshop

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## Program Overview

This is a highly experiential training day to bring your team from successful to exceptional. You and your team will each receive a **personal profile report**, a **group debrief** to identify the strengths, motivations and ways of working that suit each individual in your team and the **skills to communicate and operate** at a whole new level.

## Who Will Benefit

Teams of up to 6, who are interested in taking their skills to the next level to become a high performing team, goal focused and working at their most effective.

## Content

### Part One: Behavioural Profiling

Examining the individual and team profiling reports will provide valuable information and guidance for the team to capitalise on the different strengths present in the group, provide insight and understanding of the frustrations of some team members and identify ways the team members can work to complement each other.

### Part Two: Communication Skills

The second part of the workshop will address the skills needed to adapt behaviour and communication styles to different situations to get better results for each other and the business.

## Learning Outcomes

This workshop in conjunction with the profiling tool and our dynamic engaging facilitation will enable your team to communicate and operate at a whole new level by increasing:

- Trust and collaboration
- open communication
- a sense of belonging
- ability to express themselves
- team harmony

**We believe every business is different and a one-size fits all approach will rarely result in the best outcome. We customise this course to suit your unique training needs. The success of our training is in our familiarisation process where we ensure that the solutions we deliver directly relate to your business challenges.**

**Call us on 1300 305 789 or email [hello@aliveandkicking.com.au](mailto:hello@aliveandkicking.com.au) for a confidential discussion to find out how we can help your people perform better**