



Dealing with Office Politics Workshop

Program Overview

This workshop addresses the issue of office politics head on! Participants will walk away with an understanding of how to spot the politics and be equipped with skills for managing themselves in political situations. The workshop will give participants an opportunity to make decisions about who and how they want to be. Finally, participants will learn powerful skills, techniques and multiple ways to manage the situations to a positive end. These are the critical skill sets of diplomacy and negotiation!

Who Will Benefit

- Any person who works in a team environment
- Any person who understands that office politics exists ~ and would like to learn to work with it and not against it
- Any person who feels baffled by or not able to spot office politics
- Any person who is ready to learn diplomacy and negotiation skills to build their career

Content

This workshop will begin with a general discussion about office politics, and will describe the benefits and the down sides of its existence. Participants will then work to discover exactly who they are and how they tend to behave when they encounter a political situation, or work around very political people. Finally, participants will learn some powerful decision making skills regarding office politics, and also some useful tools to help manage themselves and the situation.

Learning Outcomes

- Understand that office politics is a reality – and learn to spot the signals of political tactics
- Learn that there are ways to engage and to disengage with these situations
- Learn tools and techniques to make powerful choices about each situation as they arise
- Gain confidence and skills in managing yourself through politically charged situations.
- Learn powerful and effective diplomacy and negotiation skills.

We believe every business is different and a one-size fits all approach will rarely result in the best outcome. We customise this course to suit your unique training needs. The success of our training is in our familiarisation process where we ensure that the solutions we deliver directly relate to your business challenges.

Call us on 1300 305 789 or email hello@aliveandkicking.com.au for a confidential discussion to find out how we can help your people perform better